VHITVORTH VALLEY NEWS PRODUCED BY Whitworth











MESSAGE FROM THE MAYOR



The Mayor attending an afternoon tea at the library and finding out about the recent puppet workshops

Dear Residents and all who read this magazine.

It is with great pleasure that I can tell you that I am absolutely delighted to be the Mayor of our Town for a second time. Mayor-making and Civic Sunday were most enjoyable, and I would like to thank Fr Frank and everyone who came along and gave me their support. I hope you enjoyed the occasions as much as I did.

Since the beginning of my year of office, my feet have hardly touched the ground. I have honoured several invitations in Whitworth and a number of Civic celebrations further afield. I have been in instrumental in bringing the fantastic Pinders circus to Shawforth which was greatly enjoyed by a huge proportion of the local population. This has also given me a great idea for my Mayoral fundraiser!). Thank you to all those people who have accompanied me. As the

year goes on there will be many more invitations which I am looking forward to. In September I will be visiting Kandel, our twin town in Germany, again as Mayor and as a member of the Town Twinning committee.

One of my functions as Mayor will be to raise funds for my charity. The Mayoral Charity Fund will then be shared between local community groups and I will be making a donation to Barley View (the new dementia care home currently being built in our Town) for a specific piece of equipment to assist in their specialist dementia care. After an exciting visit from the circus, I just couldn't resist having a circus themed fundraiser! On Saturday 20th October we will be screening the sing-a-long version of the Greatest Showman at the Riverside. There will be a family and dementia friendly screening in the afternoon and then a further, adults only, screening in the evening. I will also be working in conjunction with CLAW to put on another joint community cinema showing Incredibles 2 and Mamma Mia 2.

If mayoral events are not your scene but you would like to donate, donations for these good causes would be gratefully received at the Council office.

With my very best wishes

Councillor Madeline De Souza Mayor of Whitworth

FRIDAY 21st SEPTEMBER

4.15pm Incredibles 2

7.45pm Mamma Mia 2

SATURDAY 20th OCTOBER

THE GREATEST SHOWMAN SING A LONG
4.15pm Family and dementia friendly screening
7.45pm adults only performance

£6 per ticket in advance from the Riverside or Council Office
Licensed bar and tuck shop, all proceeds to the Mayors Charity Fund and CLAW



WHITWORTH TOWN COUNCIL CO-OPTS TWO NEW MEMBERS



Following the resignation of two former Town Councillors, Cheryl Brine and Sean Serridge, Whitworth Town Council resolved, at their meeting on 12th July, to co-opt two new members. These new co-opted members will serve the remaining term until May 2019 when the whole council will be up for election. The Town Council want to thank Sean Serridge and Cheryl Brine for their service to the Town Council and offer a warm welcome to the new members. Both councillors can be contacted using the details on the back of the magazine.

Councillor Rachael Barker

independent councillor for Facit and Shawforth ward

Rachael moved to a farm on the edge of Brown Wardle two years ago. She works as an art teacher and has a love for nature and growing her own food. Since moving to Whitworth, Rachael has taken an active role in the community by jointly taking over the running of Keep Whitworth Tidy, hosting a successful community tree planting event and joining the Tourism and Leisure Committee.

Rachael says "So far on our journey everyone we have met in Whitworth has been amazing; friendly, welcoming, and encouraging, which is why I

would love the opportunity to become a councillor for the town. I really want to give to this community, to help it grow, to help it thrive, to help its residents be happy and content, and to feel like they are getting the most out of their lives.



independent councillor for Healey and Whitworth Ward

Dayne grew up in Whitworth before moving away to Swansea to study economics and moving back afterwards to settle down. He currently works as a retail Assistant Manager. Dayne has taken an active role in the community as part of Friends of Whitworth Library Group and was involved in the successful campaign to keep the library open.

Dayne says "I am an enthusiastic individual and have for a long time felt that I have the skills to work for my community and be a strong voice for the people of Whitworth.



Do you want to make a difference? Whitworth Town Council will be holding elections in May 2019 There are many reasons people become a Councillor; to make a difference in the community, represent the views of local people and pursue your political beliefs.

If you think you could be a Councillor, watch out for more details in the lead up to the election, or contact the Town Clerk to be informed as nominations start to approach.

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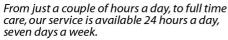




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OF WHITWORTH

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RUFUS' PANCAKES

Rufus' Pupcakes began in Whitworth in 2017 with the main focus of having homemade, healthy dog treats with no additives or preservatives in. After lots of research, being approved by DEFRA and successfully completing a pet nutritional course, the recipes were devised and tested on Rufus and his doggy day care.

The owners of Rufus' Pupcakes attend many local craft fairs and



Lisa collecting her award from the Lord Mayor of Manchester. Cllr June Hitchen.

stalls, but they also travel further afield. In June this year they attended Manchester Youth Market on King
Street. They were joined by other like-minded individuals that have a passion to create something a little different. Here they were visited by the Lord Mayor of Manchester and the stalls were all judged on the day for presentation of the stall, social media channels that are used and products that are created.

Rufus' Pupcakes were very proud to receive the Highly Commended award. They were over the moon for the recognition they received for focusing on what is included in a dog's diet. We all care about what we eat and it's reassuring to see that so many pet owners now focus on the ingredients that are in our dogs' food.



Home Instead Rochdale are in daily contact with elderly people from the community and witness first-hand the detrimental effect loneliness can have on them.

In the UK, a million older people go at least five days a week without seeing or speaking to anyone at all and considering loneliness increases the likelihood of mortality by 26%, this is

something that we should all be concerned about.

They are hosting a free monthly event to encourage elderly members of the local community, and especially those who may be lonely, to come along and meet new people. The aim is to reach out to those who might otherwise not have the means or inclination to leave their homes.

Home Instead are hoping to involve local businesses and services so that as a team they can help to reduce the horrid impact loneliness has on our fellow neighbours. Please join the mission to provide companionship for seniors within our community.

The future dates are: 14th Aug, 11th Sept, 9th Oct, 6th Nov, 4th Dec, 8th Jan and 5th Feb from 13:00 – 16:00 (so that the event does not clash with care home mealtimes).

Please come along and get in touch if you need a lift on 01706 249100. They are more than happy to help you get there.

WHITWORTH AND HEALEY HORTICULTURAL SOCIETY

Thanks to the hard work of tidying up the Memorial Gardens and the area at the bowling green by The Riverside at the end of autumn, the volunteers got off to a good start at the beginning of this spring. The hot weather, however, put paid to some meetings taking place as the ground was just too hard to work with — and it's not often that happens! The rose beds certainly benefitted from the sun and not only looked beautiful this summer but smelt lovely, too.

The committee are making plans to mark the centenary of World War One by planting two new trees

in the gardens. There will be two trees, one at each end of the gardens, one to remember the Whitworth residents who lost their lives in World War 1 and the other to remember those in World War 2. The trees will be planted in September (weather dependant) and will be ready to be unveiled at the Remembrance Sunday Service on 11th November.

The volunteers will be working into autumn again to ensure the gardens are well prepared for the winter and next spring. If you can spare any time to help out, please contact Chris on 01706 852613 or Anita on 01706 853768.



CANCER RESEARCH WHITWORTH LOCAL COMMITTEE

The committee would like to thank their supporters for their continued support and generosity. Since the last edition, a golf tournament at Lobden raised over £400 and a donation from the Raffle at the Ladies day at the Riverside raised £420. A parachute jump in memory of Joyce Ashworth in July raised over £1000. A huge vote of thanks to all involved in these events but especially to Marie Gibbons, Steve Butterworth and Bill Williams who bravely did the parachute jump.

It will be Autumn before the next events commence. Another golf tournament takes place on Sunday 9th Sept at Lobden. Plans are also underway for a Bollywood evening on Friday 5th October at Thamin restaurant Littleborough on Friday 5th October. Tickets will be available soon at £20 and it is hoped to run transport from Whitworth. A quiz will be organised late October, early November at the Band Club and then the final event of the year the Cancer Research band concert at the Riverside on 2nd Dec.

If you would like to attend any of the fund raising events, learn more about the work of the committee or would like to donate to the local group, please contact Michael Whitby on 852613 or Arnold Ashworth on 343424.

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If you have any queries, telephone us on 01706 854167. We look forward to hearing from you.

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HEALTH AND WELLBEING

SEASONAL HEALTH BY ZOE IN THE NETTLES

September is a transitional time as the nights close in, the temperatures drop, the breeze picks up and our bodies begin to draw in and down from the long high energy days of summer. We begin to need more sleep and crave more wholesome foods such as soups, stews and broths.

Herbally, Summer is time to harvest flowers as all the energy and vitality of the plant is flowing up and out, whereas in autumn it is the time to harvest the root as the flower dies back and energy draws into the ground. It is time to regather and look inwards, to reflect, relax and slow. If our bodies or lifestyles

don't adapt we can become run down with common coughs or colds or notice an increase in anxiety and stress. Herbal allies here are the berries harvested at the end of summer. Hawthorne for change and heart strength. Elder Berries for the immune and respiratory system. Lemon balm. Oatstraw and Vervain are all herbs that support a stressed nervous system and decrease anxiety. Try NETTLES cold & flu tea to prevent autumn sniffles or NETTLES burn out blend to support a tired and burned out nervous system.



HOW TO MAKE A HERBAL SYRUP

Syrups are sweet and their drawback is that they are high in sugar. Sugar is however a demulcent and soothing to the membranes. Herbal syrups are nutritive and pleasant to take. Sugar is used as both the extracting medium and the preservative, with its sweetness making it far too hostile for anything to live on it. C/I: Syrups are contra indicated with diabetes.

This recipe can be used with all herbs. Choose the herbs according to what you have available and the condition you wish to treat.

Ingredients
40g chopped herb fresh
900ml water
450g sugar/honey

Method

- Add water and chopped herb in pan and simmer gently for 20 minutes.
 - Allow to cool a little and strain the liquid.
- Return to heat and simmer until liquid reduced to 200ml to create a reduced decoction.
 - Add the sugar or honey until dissolved.









would like to arrange a visit or to speak to

Mrs Whitworth BSc PGCE M.Ed

Tonačliffe

LOCAL COMMUNITY FUND REACHES £100,000 MILESTONE

Thirteen local groups are celebrating their selection to receive grants through the **Crook Hill Community Fund.** This is a major milestone as the Fund has now awarded over £100,000 to projects in the local area. **Whitworth Valley Football Club** received this year's largest grant of £10,000 to improve their training facilities at the Rawstron Street Football Ground.

Lisa McDowell, WVFC Treasurer commented: "We are thrilled that we have been awarded £10,000 from the Crook Hill Community Benefit Fund. This will significantly help to further develop our facilities to benefit our community, players and club."

Community events and activities which will take place throughout 2018 and beyond thanks to the grants provided by the fund including the World War One Centenary celebrations in Whitworth.

The funding for the Community Fund is provided by Vantage Infrastructure, an independent investment firm, which manages the Crook Hill wind farm with the support of Partnership for Renewables (www. pfr.co.uk). The Fund distributes £35,000 annually over the 20 - 25 year lifetime of the project. Groups located within a 5km radius of the wind farm can apply for grants of between £250 and £10,000.

Groups can also contact the Fund Manager, Liz Payne directly on 07963 987653 if they would like to discuss a potential project or require assistance in making an application. The next application deadline is in **January 2019.**



The current exhibition at The Gallery at the Baths showcases the weekly commitment and talents of Whitworth Valley Football Club. Following them will be

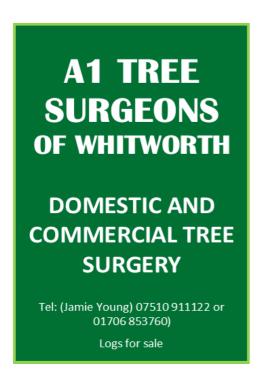
- August 31 Welcome to The Riverside
- September 21 Whitworth Rushcart
- October 12 Our Lady and St Anselm School
- November 2 Over the Tops Walking Group

If you've ideas for future exhibitions, please contact Jo Furtado on 07813180748.

WHITWORTH COMMUNITY PARTNERSHIP

The Whitworth Community Partnership is a group of residents, councillors, local voluntary groups and the Police, and anyone one else who wants to attend. The group shares local information, is updated by the Police about local issues, and is currently putting together a Whitworth action plan. The group is asking local people to come forward and list any local issues on 6 themes: Transport, Environment, Local jobs and economy, Leisure and things to do, Community Safety, and Health. Please come along to our next meeting on Tuesday 9th October in Whitworth Library at 6.30pm with any ideas you have. There will be food to tempt you in! If you can't make the meeting email the Communities Team at communitiesteam@rossendalebc.gov.uk or on 01706 252532

The Communities Team are happy to come out and meet with local groups who have ideas for the action plan. Please get in touch if you would like us to visit your group.









Soffits, facias, gutters and pointing

Steve Hester 07590 548779

BUSINESS NEWS

IMAGINE DECOR LTD.

Imagine Decor Ltd, is a new venture started in April of this year by former Little Treat Boutique owner Jason Wales, (Little Treat Boutique is now in the capable hands of his wife, Laura Wales).



Based in Whitworth, Imagine Decor sell a wide range of wallpaper from brands such as Arthouse, Holden Decor and Muriva with colours and styles to suit almost everyone. Decorating a home can be an expensive job but at Imagine Decor prices are extremely competitive and would suit most budgets without compromising on quality. There's something for most peoples tastes with wallpaper starting from £3 per roll and currently nothing dearer than £5 per roll. Imagine Decor also stock canvas and framed prints, large and small from just £2.

Currently, Imagine Decor is a home-based business but welcome customers, to come take a look and browse through the products. Collection is welcome but if customers can't get there then postage via courier can be arranged.

People can also see pictures and items in stock by liking and following Imagine Decor's Facebook business page, @imaginedecoruk.

Jason can be contacted via mobile on 07368 257 208, email - admin@imaginedecor.co.uk or through Facebook - www.facebook.com/imaginedecoruk.

ZOE IN THE NETTLES

Zoe Naylor Bsc (hons), a Medical Herbalist of NETTLES is offering treatments at Whitworth Apothecary.

Herbal Medicine is a traditional form of medicine that has been used for thousands of years and influenced many of the drugs the pharmaceutical industry use today. It is a holistic practice that treats the whole body (physical, emotional and spiritual) getting to the underlying cause of illness and taking into account dietary and lifestyle factors, treating the individual. Herbs can offer relief to a wide range of conditions supporting the body back to health.

Zoe has been studying plant medicine for 13 years and practising for 8. NETTLES also offers full body massage, Indian head massage and energy healing. Prices are an affordable sliding scale structure available on www.zoeinthenettles.co.uk to address the huge disparity of wealth and poverty and to ensure accessibility to all.

Whitworth Apothecary stock a range of NETTLES medicinal herbal teas and ointments. Zoe is available for herb walks, talks and workshops and is passionate about sharing health and herbal knowledge. Call Zoe on 07864755866 to find out if herbal medicine can help you or to arrange a workshop etc. Appointments are available Tuesday to Saturday.

www.zoeinthenettles.co.uk, nettlesandhealth@gmail.com Call: 07864 755866



Whitworth Sports Festival in June was blessed with good weather but too few people, at least in some events, despite an array of banners, flyers on lampposts and shops, a website, updates on Facebook and lots of publicity via schools. The individual standout performances came in the two fell races - Charley Leech won the Junior for the third year in succession, even if the incredibly windy conditions meant he could not match David Thomson's longstanding record; and Andrew Worster of Todmorden Harriers won the Senior in a barely credible record time of 25.37. All the inter-primary events were well-contested, with Tonacliffe School having a particularly successful year. The Pony-go-round was very popular, the social netball group attracted new players, and Valley Thai and WVFC ran very well-attended events, even if the footballers had to endure a monsoon as their event was drawing to a close. A pop-up rafting event at Cowm Res. was another highlight - watch out for chances to do this through the year. Thanks to all those clubs and individuals who organised events, the schools who took part so enthusiastically, and all those who gave their time and expertise: those who came enjoyed themselves and appreciate your efforts.



One of the running races at the opening festival



The sack race at the opening festival



About to start the senior fell race

WHITWORTH BAND CLUB

The Band Club regular fortnightly quizzes continue throughout the year, 8.30 on Sundays, free to enter. Karaoke nights also take place monthly on Sundays.

A range of musical performers will be appearing at the club; Idol Frets are regular visitors with other vocalists, jazz, folk and rock performers on Saturday and Friday nights.

Keep up to date on the club Facebook page and watch the notice board outside the club!

The Beer Festival takes place on the first weekend in September with a selection of fine ales available (more details on p28).

As usual the club will welcome all on Remembrance Sunday following the ceremony at the memorial gardens. As the football season kicks off keep up to date on Facebook on club opening times for teatime matches on Sky and BT Sports.

WHITWORTH HERITAGE MUSEUM

"From Spodden Valley to Flanders Fields" was the theme for Whitworth Historical Society's 2018 Open Weekend. Reflecting the centenary of the ending of hostilities in the Great War of 1914-18, the museum focused on soldiers from the Whitworth Valley, some of whom paid the ultimate price and remain buried or remembered in the immaculate cemeteries and memorials on the former battlefields of the Western Front. Others returned home having sustained such injuries and suffered experiences that their lives, and in some cases the lives of their families, would be changed forever.





In November of each year we remember those 150 or so men of Whitworth whose names appear on the township's memorial and who fell in the 1914-18 conflict. Less well documented is the sacrifice made by those seriously wounded, either physically or mentally. Today, 100 years since the ending of the conflict, there remains a strong interest in the personal stories of soldiers who took part in the war which was to change the course of history. If you have any information, documents or photographs relating to Whitworth soldiers of WW1 the staff at Whitworth museum would be interested to hear from you.

The museum in North Street is open every Tuesday evening 7.30 – 9.30pm and each Saturday afternoon 2.00 – 4.00pm.

THE RIVERSIDE LADIES DAY

Fifty ladies dressed in their finery were given the red carpet treatment as they arrived for Ladies Day at the Riverside. They enjoyed a glass of prosecco on arrival, a delicious 2 course lunch followed by afternoon tea later in the day.

During the afternoon there was plenty of fun and laughter and prizes to be won! They held their own fashion shows for best dressed and most outrageous hat/fascinator.



"Riverside Ascot Ladies Day? Fifty women, prosecco and an afternoon of gambling, what could possibly go wrong?? Actually nothing! What a great day of fashion, fun and fundraising. I've (unwisely?) agreed to come back and host next year too. I'd book early if I were you!" MC Andy Kelly

On the day the Riverside held a raffle which raised £420 for Cancer Research, Whitworth Committee. A huge thank you goes to all the local businesses who kindly donated prizes for this worthy cause.

Next year's Ladies Day will take place on Thursday 20th June 2019. Reserve your places for next year now!





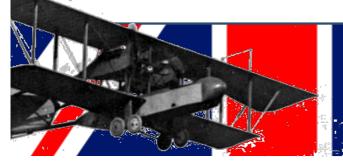
On 11th November 2018, the United Kingdom and its friends overseas will mark the day 100 years ago when the guns fell silent at the end of the First World War.

Whitworth Town Council has appointed a Remembrance Working Group to co-ordinate a weekend of celebrations to mark this special centenary.



The group have managed to secure funding to hang Poppies on lampposts throughout the village

Additionally, local schools are creating a mini Field of Remembrance which opens in the Memorial Gardens on 8 November



PACK ULP TOULE TIBOULBILES

Saturday 10th November

Doors open 6.45pm at The Riverside MC Rod Barry

First half: **Freda Farnworth** accompanied by pianist **Graham Chamberlain**

and **WW1 poems** read by Charles Foster, Michael Harden and Jemma Sally Harden

Second half: **SWING Commanders** and **Samba Dance**



tickets **£5** including potato pie supper

Available **NOW** from the **Post Office** and **The Riverside**

All proceeds to the Royal British Legion Poppy Appeal

2014-18

Sunday 11th November

10:20 Procession (corner of Tong Lane / Market Street)

10:40 Service of Remembrance at

Memorial Gardens, Facit led by Rev Father Frank Thorpe

Followed by the planting of two new remembrance trees in the Memorial Gardens and refreshments at the Riverside

11am—4pm WW1 themed Café at St Bartholomew's Church

WW1 artefacts, provided by Touchstones Rochdale on display inside

5.30pm Lobden Golf Club open to view the beacon lighting on Brown Wardle

Whitworth is the only village in Rossendale taking part in this National Celebration. The lighting can be viewed from the car park at Lobden Golf Club. At 6.55pm Dave Tattersall will play the last post, at 7pm the beacon will be lit and at 7.05pm St Bartholomew will ring the Bells of Peace. The bar will be open and a hot supper provided for a small charge.

On behalf of the Centenary Working group, we hope you will join us in this National Celebration.





SEE WHAT'S HAPPENING IN WHITWORTH LIBRARY . . . ACTIVITIES ARE FREE UNLESS STATED

| Mondays | | | |
|--------------------------------|--|--|--|
| 10:30 -12:00 | Up and Active Weight Loss Drop-in First 45 mins is FREE weight management and healthy lifestyle advice; second 45 mins exercise session - suggested £2 donation. | | |
| 14:00 - 16:00 | Knit and Natter | | |
| 14:00 - 16:00 | Careers Advice with Kay Royal. (Contact Kay on 07896 933560) | | |
| 17:30 - 18:30 | Bedtime Story – every second Monday of the month (18 months to 8 years) | | |
| 19:00 – 20:30 | Mature Movers and Groovers Fun dance with Sheila Daly (07762 757925). Suggested £5 donation. | | |
| Tuesdays | | | |
| 10:00 - 12:30 | Scrabble Club | | |
| 10:00 – 12:00 | Citizen's Advice by appointment. Please ring CA on: 0300 456 2552 | | |
| 11:00 - 12.00 | Up and Active Health Walk at Stubblylee Park | | |
| 14:00 – 15:00 | Storytime Session (18 months to 6 years) | | |
| 10:00 – 12:00 | U3A Family History Group. 3rd Tuesday of every month. | | |
| Wednesdays | | | |
| 13:00 – 14:00 | Up and Active Health Walk from library. Walk lasts 1 hour, then refreshments, if required, in library. | | |
| 13:00 – 14:30 | U3A Meeting with guest speaker 1st Wednesday of each monthchat in the library. | | |
| 19:00 – 20:30 | Yoga, Pilates and Relaxation with Sheila Daly (07762 757925) £5 per session | | |
| Thursdays | | | |
| 09.30 - 10.30 | Learn My Way Personalised IT course – please arrange with librarians. | | |
| 10:00 – 11:30 | Shared Reading Group | | |
| 10:30 – 12:30 | The A Team Onwards and upwards for people with disabilities. | | |
| 4400 4500 | For information email: melanie_ashman@yahoo.com | | |
| 14.00 – 15.00 | U3A Creative Writing 1st Thursday of month. T. 07484 712878 (Sylvia) for info. | | |
| 14:00 – 15:00 | Bookworms Reading Group (for adults). 2nd Thursday of month. | | |
| 14:00 – 15:00 | Pelvic Floor Awareness & Incontinence Drop-in (M/F) 2nd Thurs. of month. | | |
| 14:00 – 16:30 14:00 – 16:00 | U3A Wellbeing 3rd Thurs. of month. T. 07484 712878 (Sylvia) for info. U3A History 4th Thurs. of month. T. 07484 712878 (Sylvia) for info. | | |
| 14:00 – 16:00 | USA History 4th Thurs. Or Month. 1. 07484 712878 (Sylvia) for Illio. | | |
| Fridays | | | |
| 10:15 - 11:30 | Baby Bounce and Rhyme (birth to 18months) | | |
| 14:30 - 16:00 | Afternoon Tea on last Friday of the month. An opportunity to meet Sandra | | |
| | from Carers Link. Also, presentations by various invited guest speakers. | | |
| 14:00 – 16:00 | Crafty Sew and Sews 1st Friday of month. All welcome! Except June. | | |
| Saturdays | | | |
| 10:30 – 12 noon | Lego Club (for all ages) | | |
| 13:00 – 14:30 | Whitworth Wellbeing Support Group. For more information, please email Jodie at: | | |

... and also books, magazines, newspapers, computers and friendly faces. Everyone welcome!

Updates can be found on the Friends of Whitworth Library Group Facebook page, or contact friendsofwhitworthlibrarygroup@

gmail.com to be added to the mailing list.

whitworthmentalhealth@aol.com



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Join us on Bank Holiday Monday (27 Aug) for ...



An outdoor family event on the bowling green raising funds for East Lancs Hospice





Analogue Farm connects arts, nature and heritage through workshops, talks, exhibitions and events benefiting people in Whitworth, Rossendale, the UK and internationally.

DRY STONE WALLING COURSE 6-9 SEPTEMBER

A free course in dry stone walling, by local master Alan Rhodes. Learn the ancient craft and help repair walls alongside Limers Gate path by Brown Wardle. You should attend at least two days to learn the skill but you're more than welcome to attend all four. Sessions will include homecooked lunch, drinks and all necessary amenities. Places are limited so please get in touch to book in advance.

ROSSENDALE ART TRAIL 5-7 OCTOBER

For the Rossendale Arts Trail Analogue Farm will host The Art of Magic nationally touring exhibition curated by Folklore Tapes featuring the work of thirty contemporary artists from across the UK and a special audio-visual performance on Friday night from 7pm. Paintings, sculptures and films by David

Chatton Barker, Rachael Barker, Matt Davies and Mary Stark will be on show all weekend, as well as herbal medicine demonstrations from resident herbalist Zoe Navlor.

CHILDREN'S PUPPET THEATRE (AND WORKSHOP) DECEMBER (Dates tbc) The premiere of the fantastical story based on the Queen of the Well, who legend has it once lived in the churn well on top of Brown Wardle. This features puppets and sets made entirely from rubbish and natural materials found on the moors around Whitworth and is set to live music, narration and projections.

To enquire or book an event contact analoguefarm@gmail.com www.analoguefarm.com



Are you interested in being part of Whitworth's new support group?

You may have mental health issues yourself or know someone who has. This group aims to support those who need it, when they need it.

Jodie Hanson had a huge response on Facebook when she posted, 'Having had mental health issues myself for over 20 years, something that's been missing in all those years has been a local support group, so that when times are bad there are people to talk with who understand what it's like.' Jodie recognised the need to talk more openly about mental health, but wanted a safe environment to do so.

Whitworth Wellbeing Support Group enables folk with depression and associated mental health issues, their

friends and family, to meet up in the library, have a chat, enjoy a cuppa and a biscuit. People with mental health issues can attend from 1 pm to 2.30 pm each Saturday. Friends and family can attend monthly Saturday meetings from 2.30 pm to 4.00 pm.

Why not come along and join as a member, a volunteer, or with ideas? Everyone is welcome. For more information, please contact Jodie Hanson on Facebook. or email whitworthmentalhealth@aol.com



LOCAL EVENTS



The Red Box Project Rossendale is a community driven project that aims to ensure that no young woman misses out on her education because of her period. We ask the community to donate sanitary products at drop off points across Rossendale, so that we can fill our Red Boxes and place in schools.

The project are currently working with two schools in Whitworth and also Whitworth Youth – and would like to offer this service to all of the school in the town.

There is currently 1 donation point in Whitworth – at the council office at the Riverside. However, as the project grows they would like to see more donation points to ensure sustainability.

How can you help? — They need Sanitary towels, tampons and underwear in the first instance and are occasionally asked for deodorant, face wipes and tights too, so these are always welcome.

If you have a business, are part of a club or would like to run a donation point personally, please get in touch. Likewise, if you work in a school in the area, they'd love to hear from you too.

The best way to contact is via the Facebook page — The Red Box Project — Rossendale or email redboxprojectrossendale@yahoo.com

Thank you

WHITWORTH VALE AND HEALEY BAND

The Annual Jimmy Grogan memorial concert on 8th July raised over £1000 for youth band development. August is normally a quiet month for the band when they get a deserved rest. The busy season starts again in September with the Rushcart on 2nd. The Band are pleased to announce they have been engaged for a number of performances at The Last Drop Hotel in Bolton over the next 6 months. The first of these will be on Sunday 9th September @6pm. They have also been engaged to perform the famous "Brassed Off" at Bury Met Theatre. This takes place from 8th to 13th October. Rochdale Band contest takes place on Sunday 21st October and a Concert for the Parkinson's Disease Society takes place at Rochdale Golf Club Friday 26th October.

The Remembrance Sunday Parade falls on 11th Nov quite fitting for the 100 year anniversary of the end of the 1st world war. From that point onwards its Christmas all the way! More of that next edition. The Academy band have just completed their term at Britannia Primary. Youth and Academy are progressing well.

For information about any events or if you wish to book the band or would like your child to learn how to play an instrument, please ring Michael Whitby on 01706 852613

WAMDS LATEST PRODUCTION: AVENUE O

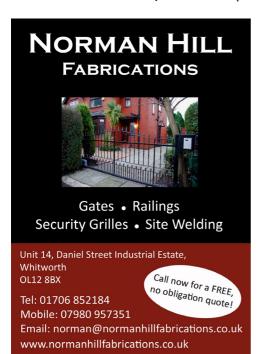
Whitworth Amateur Musical & Dramatic Society will be performing the multi award winning Broadway musical "Avenue Q" this October. A send up of popular American TV shows "Sesame Street" and "The Muppet Show" the production uses a combination of human and puppet actors to explore everyday issues and challenges in modern day society. "It's a challenging enough production as it is for our cast without the fact that



most are operating full sized puppets in addition to acting, singing and dancing!" said director Andy Kelly This is the first time it's been performed in the local area, and we're expecting a sell-out."

AVENUE Q tells the story of Princeton, a bright-eyed college graduate, who has just moved to this neighbourhood as he desperately tries to follow his dreams and discover his ever-elusive purpose in life. A tiny bank balance, the distraction of a busty blonde and a variety of weird and wonderful friends and neighbours lead Princeton on a hilarious story of self-discovery.

AVENUE Q was the winner of the 2004 Tony Award for Best New Musical, Best Book of a Musical and Best Original Score! Avenue Q runs from 8th-13th October 2018 at the Curtain Theatre in Rochdale at 7.30pm each night. For tickets please go to: www.wamds.co.uk or www.ticketsource.co.uk/wamds or Box Office: 01706 630773/07967925283 (This show is for age 16+)



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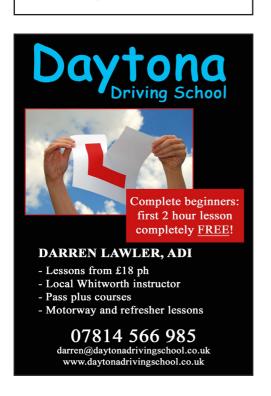




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LOCAL RACES

Andy O'Sullivan MBE is staging two 'High Profile' Races in Whitworth in September!

In 1978, Local man Joe Salt staged the first ever 'Hades Hill' Fell race. It is always held on 1st Thursday in September at 6.30pm from The Red Lion, The Square.

Dr Ron Hill, Britain's greatest Long Distance Athlete will be celebrating his 80th birthday on Tuesday 25th at the Cock & Magpie Pub! There will be a 5K Race around 'Cowm' Reservoir and a Commemorative mug to all finishers!

Details available from UKRESULTS website or Andy O'Sullivan on info@andemsrunners.co.uk

JAKE BERRY MP

As your Member of Parliament for Rossendale & Darwen I represent around 85,000 people across East Lancashire including everyone here in Whitworth. Although we might not always agree about everything it's really important for me to stay in touch with local residents and be as accessible as possible.

If you ever need my help or want to let me know about a local issue please get in touch with me either by phoning 01706 215 547 or email me at jake.berry.mp@parliament. uk and I will do my best to help.



SKYLINE WALK

A record 445 people walked this year's Skyline back in May, a number that put some pressure on the volunteers who organise the start (new system next year), but which will have contributed a little more than normal to the Mayor's charity fund.

363 completed the full 14 miles; a further 50 completed the 9 miles of the Western Skyline; and 21 the 3-mile Sunday Stroll. This year's walkers were confronted by special flags to tie in with a brilliant audio commentary that had been created by Spodden Valley Revealed, drawing on the local knowledge of the good people of Whitworth Museum. A big thank you to them, to Lobden Golf Club for their kindness in providing a welcoming base, and to all the small army of volunteers who gave up their Sunday to ensure a safe and cheerful community event.

Skyline 6 is set for Sunday May 12 next year, when we'll probably be walking anti-clockwise.

See you then?









RSKC is coming home... Rossendale Shotokan karate Club was originally Whitworth karate club but sadly as the club expanded the home dojo in Whitworth was closed. Whitworth Shotokan karate club was set up by Ian Garside in 1977. The club started to expand gaining dojos in Haslingden and then Bacup. As the club was expanding to different

parts of Rossendale, Ian then decided to change the name to Rossendale Shotokan Karate Club in 1984 and the club was reborn.

Even though the dojo was closed, the club never really lost its touch with Whitworth. We always had members training at our Bacup dojo. The club also run after school sessions at primary schools around Whitworth. The club held its biggest event, its 30 year anniversary, at the Riverside in 2014.

On **Wednesday 5th of September** the club will be going back to its roots and opening up a dojo at Shawforth Chapel. The class will run every Wednesday night starting at 6:30pm and running for an hour and a half. The class will be run by the club's squad captain, Liam Stone. Liam is 2nd dan in Shotokan Karate and regularly competes at national level competitions.



354 Market St, Shawforth, OL12 8HF





TOURISM AND LEISURE COMMITTEE

WHITWORTH RUSHCART

The event of the year 'Whitworth Rushcart' celebrations will take place on the afternoon of Sunday 2 September 2018. The procession will leave from Whitworth Museum at 1.00pm featuring numerous traditional morris dance troupes (including the famous Britannia Coconutters and the Whitworth Morris Dancers) and will travel up the main road, led by the Rushcart itself, arriving at the Riverside at approximately 1.20pm.

The Whitworth Rushcart is one of only four such celebrations which still take place in the UK, the others being in Sowerby Bridge, Littleborough and Saddleworth. Whitworth's cart is unique in that it is the only one in the UK to be covered in beautiful local heather that is in bloom at this time of year, collected by the Whitworth Rushcart Men from the moors above Darwen before the event; Rushcarts in the other areas are covered with rushes or tatters of cloth.



Whitworth's Rushcart history goes back hundreds of years; initially the celebration was linked into the cutting and collection of rushes to be strewn on the bare earth or stone flagged floor of the church as a form of insulation for the winter to come. They were then taken to the church on the cart. Out of this grew a celebration which was enjoyed by the whole community. In the 1970s and 1980s the Rushcart was the highlight of the Whitworth Fair week; in recent times the week-long festivities have passed into history however the popularity of the Rushcart itself in Whitworth is strong. The Rushcart now takes place on a Sunday afternoon each September rather than its traditional Friday night slot, and has become more family-focused, attracting 1,500 visitors annually.

WILDLIFE IN WHITWORTH 2019 CALENDAR LAUNCH

The new official 2019 Whitworth Calendar will be launched at the Rushcart this September. Featuring photography from a collection of talented locals and depicting some of our local wildlife set in the idyllic Whitworth landscape this calendar is set to be the 'must have present' for Christmas 2018!!

The proceeds from sales of the calendar will be used to promote Tourism and Leisure within Whitworth and the calendar will be on sale from early September at a variety of local outlets including Whitworth Town Council Office at The Riverside, UBS, Nibbles and Whitworth Post Office. For further information, or to order a calendar by post please contact Melanie Hearn, Whitworth Town Clerk on 01706 852018 / email: info@whitworth.gov.uk (Monday to Friday, 9am – 2.30pm).

TOURISM AND LEISURE COMMITTEE

READY, STEADY – QUACK!

A staple in the Whitworth calendar, the Annual New Year's Day Duck Race returns in 2019. Taking place as usual at Cowm Reservoir at 1pm on New Year's Day, the event is expected to be as popular as ever. The Duck Race is organised jointly between Whitworth Town Council's Tourism and Leisure Committee and CLAW (the Community Leisure Association of Whitworth).

For those unfamiliar with the concept, you 'sponsor' a numbered yellow rubber duck for £1.00, which is then entered into the Duck Race. The first one across the line wins, with cash prizes for first, second and third place ducks of £100, £75 and £50. There's also a tenner for the last duck across the line. After the Duck Race the Cock & Magpie pub on the corner of Tong End and Cockhall Lane will be open for soup, sandwiches and chips.



You can sponsor a duck now – sponsor sheets are available at the Whitworth Council Office, Riverside (Civic Hall), Post Office, Nibbles, Whitworth Leisure Centre and UBS, from Whitworth Town Councillors and members of the Tourism and Leisure Committee. You can also sponsor a duck on the day.

WHITWORTH CHRISTMAS LIGHTS OFFICIAL SWITCH ON

On Sunday 25 November 2018, Whitworth's Christmas Lights will be officially switched on. Members of the public are encouraged to come to the Riverside carpark to watch the lights be switched on at 6pm. After the switch on, all are welcome to come into the Riverside which will be serving a glass of mulled wine and a mince pie for a small charge, with kid's refreshments also available. The evening is expected to draw to a natural close around 7.00pm. Entry to this event is free, and all are welcome.

This event is a real community event and would not be possible without the help of local people. The committee would like to thank RRG Rochdale who have kindly donated sweets this year for Father Christmas to hand out in his grotto and to Prosceneium for the loan of the amazing grotto.

WHITWORTH ENJOYS ANOTHER SUCCESSFUL FAMILY FUN DAY

Whitworth enjoyed its annual Family Fun Day on Sunday 8 July. Now in its ninth year, the annual Family Fun Day at the Riverside is organised by the Whitworth Tourism and Leisure Committee volunteers. Unfortunately, this year, the dog show element was cancelled due to health and safety concerns for the dogs taking part due to the unusually hot weather.

Attractions on the Riverside car park included funfair rides and games, ice cream and candy floss. Samba Dance and Fitness provided fantastic entertainment by their different dance teams and there was a range of fundraising and craft stalls to tempt visitors.

RRG Toyota Rochdale supported the event by supplying a new Aygo covered in paw prints and the community guessed the number of prints to win a gigantic teddy dog, the winner was Annaleese Hinchliffe who was the closest guess to the 605 paw print total!!

THE SECRET OF GETTING AHEAD IS GETTING STARTED!

Make that start with Rosemary at the AB&D centre, (Burnley Road, next to Bacup post office) every Monday 1.45-2.45pm (except bank holidays) in exercise for the older adult who believes age is no barrier to keeping fit. This class is aimed at 50+ focusing on the older adults needs, they include; gentle yet cardiovascular exercise, coordination and balance routines aimed at fall prevention, a focus spot for the lower back and other problem areas like the neck and knees, improving flexibility with strength resistance for upper and lower body, sit to stand, stretch and cool down. The way in which these fitness areas are covered varies, to keep it fresh and fun. At present it's 60s dance moves (you can sit or stand) and cardio challenges!

Joining a group can be motivating, it's stimulating, it's fun and laughter is the best medicine they say!

Exercise is paramount in preventing those degenerative diseases. If you have them already exercise can improve symptoms. Please come along and Just Move! To Improve.

For further information or if you manage a nursing home or sheltered housing and would like exercise for your residents, please contact Rosemary on 07886963024.



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SHAWFORTH METHODIST CHURCH

| Sundays | 10.30am | Sunday Service, everyone welcome and stay for a brew afterwards |
|------------|---------------------------------------|---|
| Mondays | 9.30am – 11.30 | Toddler group |
| Tuesdays | 7pm – 9pm | Whitworth Community Choir rehearsals |
| | 7.30pm last Tuesday in every month | Ladies Group everyone welcome |
| Wednesdays | 9.30am to 12.00 | Toddler Group |
| | 1pm - 3pm | Foodshare |
| | 6.30pm | Shotokan Karate (starts Wed 5th Sept) |
| Thursdays | 8pm last Thursday in every month | Model Flying Club |
| Fridays | 10.30am – 12.00 | Drop in for tea, coffee and toast (and a natter!), all welcome |
| Saturdays | 11am – 1pm 3rd Saturday each month | Coffee and lunches (please note the lunches in May will be on 12th) |

Superintendent Minister Revd. David J Burrow Tel 01706 602882 For room hire contact Christine Tel 01706 854172 or Lois 01706 852815

WHITWORTH AWARDS

At the Annual Parish Meeting on Thursday 17th May, Whitworth Town Council presented some awards to local residents.

The Jack Wilkinson Young Achiever Award is presented in the memory of the town

Ella Chadwick, Jack Wilkinson Young Achiever 2018.

councillor and is presented in the memory of the town councillor and is presented to a local young person who has had a great achievement. This year two winners were selected, Ella Chadwick for her fantastic charity work and Leonni Tighe for her accomplishments in women's moto cross.

The Jeff Ogden Service to the Community Award is presented in memory of Jeff who was a big contributor to the community. This year it was presented to Sue

Neilson, Victoria Henshaw and Val McDonald for their work to save Whitworth Library.

For more information about awards or to make a suggestion for future recipients please contact Melanie, Town Clerk on 01706 852018 or email info@whitworth.gov.



Leonni Tighe, Jack Wilkinson Young Achiever 2018.



Sue Neilson, Victoria Henshaw and Val McDonald, Jeff Ogden Service to the Community Award 2018

LOCAL PLAN CONSULTATION

Rossendale Borough Council is seeking your views on the Local Plan which will shape future growth and development in Rossendale until 2034

The Consultation will start Thursday 23rd August and run for 6 weeks

Details of the consultation arrangements and the actual consultation documents will be available to view at www.rossendale.gov.uk/localplan.

During the consultation period copies of the documents will also be kept at Whitworth Library and the Council's One Stop Shop in Bacup for viewing

You will also be able to view the documents at the Town Council Office between 9am and 2.30pm, Monday to Friday from Tuesday 4th September to the end of the consultation.

You will be able to submit comments via the online questionnaire - www.rossendale.gov.uk/localplan
If you want to receive updates on the Local Plan please register using the online form at

www.rossendale.gov.uk/localplan.

If you have any specific queries please email forwardplanning@rossendalebc.gov.uk or phone Rossendale Borough Council on 01706 217777

THE ROCHDALE ANCIENT PARISH EDUCATIONAL TRUST

The Rochdale Ancient Parish Educational Trust is currently accepting applications by the deadline of 31st August 2018. If you qualify to apply for a grant, the Trust may give you a grant for any purpose that promotes your education (including social and physical training).

Examples of grants

- Financial assistance, including grants towards the cost of outfits, clothing, tools, instruments, or books to enable you to prepare for or to help your entry into a profession, trade or calling or undertake an educational course, including musical vocations;
- In exceptional circumstances, scholarships, bursaries, grants or allowances for living expenses to enable you to undertake any school, University, College of Education or other institution of further or higher (including professional and technical) educational course;
- In exceptional circumstances, scholarships or allowances for living expenses to enable you to travel, in the United Kingdom or abroad to pursue your education.

You may apply for a grant from the Trust if:

- You live in the area of the Ancient Parish of Rochdale. The area includes Rochdale, Littleborough, Milnrow, Wardle, Whitworth, Todmorden and Saddleworth, Newhey and Bacup.

 OR
- You attend a school in the area of the Ancient Parish of Rochdale.
- You have attended a school in that area.

Please be aware that there is no age limit but preference may be given to people under the age of 25. You can download the application form online at http://www.rapet.org.uk/aboutus.html

LOCAL TRADES LIST

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Editorial content is carried free of charge; advertising rates can be provided upon request.

Whitworth Town Council cannot be held responsible for the accuracy of any information provided for submission by outside organisations, the quality of services offered by advertisers, or the content of adverts within the magazine.

USEFUL CONTACTS

WHITWORTH TOWN COUNCILLORS:

FACIT & SHAWFORTH WARD:

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mads30950@hotmail.com

Jim Mellor (Conservative): 01706 853479 • 07973 421145

jim.mellor47@btinternet.com

Donna Nutt (Community First): 07532 144924 Rachael Barker (Independent): • 07821 248511

cllrrachaelbarker@gmail.com

HEALEY & WHITWORTH WARD:

David Chorlton (Independent): 07939 218266 01706 853234 • david@ubswhitworth.co.uk Maureen Jones (Community First): 07794 356610

maureen5961@hotmail.com

lan Mycock (Labour): 01706 632823 Karen Ruane (Independent): 07772 534412

kriane@outlook.com

Alan Neal (Community First): 07817 414721 alanneal@rossendalebc.gov.uk

Dayne Powell (Independent): 07795 022564

Dayne.Powell@Outlook.com

WHITWORTH TOWN COUNCIL OFFICES:

Civic Hall, Market Street Whitworth, OL12 8DP

Contact: Melanie Hearn, The Town Clerk

tel: 01706 852018

email: info@whitworth.gov.uk www.whitworth.gov.uk Office hours: Mon – Fri, 9am – 2.30pm

ROSSENDALE BOROUGH COUNCILLORS:

FACIT & SHAWFORTH WARD:

Lynda Barnes and Tom Aldred HEALEY & WHITWORTH WARD:

Alan Neal (see left for contact details) and Sean Serridge • 07947 444732 seanserridge@rossendalebc.gov.uk

LANCASHIRE COUNTY COUNCILLOR:

Peter Steen • 07703 832 156 peter.steen@lancashire.gov.uk

MEMBER OF PARLIAMENT:

Jake Berry MP

0207 210 5000 (House of Commons) 01706 215547 (Constituency office) jake.berry.mp@parliament.uk • www.jakeberry.org

FORTHCOMING WHITWORTH TOWN COUNCIL MEETING DATES:

Thurs 13 Sept, Thurs 27 Sept, Thurs 12 Oct, Thurs 25 Oct, Thurs 8 Nov, Thurs 22 Nov, Thurs 6 Dec, Thurs 20 Dec All meetings take place at 7.30pm in the Council Chamber at the Riverside; members of the public are welcome.

OTHER USEFUL CONTACTS:

Community Police Officer PCSO 7356 Heidi Kirkbright: to speak to Heidi please call 07890 591 496, or to report a non-urgent crime or incident, please dial 101. For emergencies only, dial 999.

Together Housing: 0300 555 5556 (general enquiries) • 01706 836318 (Michele Heys, Whitworth Officer)

 $\textbf{Living Well Living Better: } 01706\ 252542 \bullet hello@livingwell-livingbetter.com \bullet www.livingwell-livingbetter.com$

Homestart: 01706 214621 • Emma@homestartrbh.co.uk • www.home-start.org.uk

Carers Link Lancashire: 01254 387444 • info@carerslink.net • www.eastlancscarers.org.uk

Citizens Advice Rossendale: 03444 889622

The Samaritans: 01706 830999 • (Freephone) 116 123

Lancashire County Council: 0300 123 6701 (general enquiries) www.lancashire.gov.uk • Highways 0300 123 6780 or email highways@lancashire.gov.uk • out of hours social care emergencies (5pm – 8.45am) 0300 123 6720

Rossendale Borough Council: 01706 217777 (general enquiries) • 0300 222 5944 (revenues and benefits enquiries) 0300 222 5946 (out of hours emergencies) • www.rossendale.gov.uk

As ever the Sports Council could do with more volunteers to deliver the Whitworth Valley News – about an hour, 4 times a year; a compact, listed round; your box delivered to your door. If you're interested, please contact Melanie Hearn at the Council Office, or ring Jo Furtado on 07813180748.