Health and safety tips for walkers

- Walkers are advised to wear suitable clothing and footwear, sturdy shoes, sunscreen, in sunny weather, waterproofs and layers in cold weather
- Keep to paths, leave gates as you find them
- Carry a mobile phone with you or advise someone where you are walking
- Dog walkers keep their dogs on a lead
- Please take your litter home & keep the countryside tidy
- Obey and follow signs provided for your safety
- If walking in evening or dark periods, reflective or light clothing is advised to help make you more visible
- On roads where there is no pavement, it is advised to walk on the right hand side so on-coming traffic can see you.

Use the following website for further walks: www.visitrossendale.co.uk
Healey Dell Circular
Route Description

(1) Starting at the bottom of Station Road before the bridge, parking on the left side of the road. Continue down the road towards the railway line and take the access gate on your right before the bridge, which will take you down to the railway line. At the end of the slope as the path levels out and joins the main path, turn left and pass under the bridge. The path crosses over the viaduct. Follow this path as it winds its way towards Lower Fold. The path comes to an end at a metal gate that joins onto Dell Lane.

(2) Go through this gate and turn right to head down Dell Lane which leads you to the remains of old mills and some working workshops in the valley below. Beware of traffic, as you follow Dell Lane past some cottages and a set of terrace houses and then starts to head up out of the valley before the road goes under the viaduct.

(3) A path lies off to your left at the viaduct sloping down. Take this path as it goes under the viaduct and down towards the stream below. At the bottom the path bends to the left up a set of steps or up the slope and follow the path round as it heads up towards another bridge. Keep to the main path which bends to the right and up to another set of steps which takes you back onto Station Road.