Health and safety tips for walkers

- Walkers are advised to wear suitable clothing and footwear, sturdy shoes, sunscreen, in sunny weather, waterproofs and layers in cold weather
- Keep to paths, leave gates as you find them
- Carry a mobile phone with you or advise someone where you are walking
- Dog walkers keep their dogs on a lead
- Please take your litter home & keep the countryside tidy
- Obey and follow signs provided for your safety
- If walking in evening or dark periods, reflective or light clothing is advised to help make you more visible
- On roads where there is no pavement, it is advised to walk on the right hand side so on-coming traffic can see you.

Use the following website for further walks: www.visitrossendale.co.uk

Map Details:
Explorer OL21 SD 891/175
Grading: (D) Mild, medium gradients, steps, stiles likely
Length: 4 miles
Time: 96 minutes
Start Location: Cross-roads below Lobden Golf Course

Time & distance are an estimate, use as a guide only

Start Location

Bus Service: Contact Rossendale Transport on 01706 212337 for more information.

Walks for Health Disclaimer
The route on this leaflet was assessed in December 2005; Groundwork Rossendale takes no responsibility for changes to the route. All routes are on public rights of way. The information contained in this leaflet was correct at the time of printing. Landowners, Groundwork Rossendale and partners accept no liability for accidents on these walks. Persons participating in the walk do so at their own risk.
Lobden & Watergrove
Route Description

(1) From below the golf course, taking the lay-by as the start point, head to the Pennine Bridleway Posts where you need to turn left a few yards after them and then right to follow the track that runs along the edge of a narrow water course furrow next to the path. Keep to this path as it goes through a gate with a large puddle. Go through the gate and follow the track that bears left towards a small group of trees before heading right and down towards the treatment works for Watergrove. Before you reach the bottom, a stone wall and post indicate a narrow path to your left that leads down to the tower at the edge of the reservoir. On reaching this, turn right through the gate and left over the top of the dam to the main access path round the reservoir. Bear left to cross over the cattle-grid or through the gate. Continue to follow the broad path as it winds round past the large pond and eventually leads to the Countryside Centre behind the trees. Pass the centre and take the path on the right up along a cobbled path.

(2) Turn right here and through the gate, turning left a few yards along the cobbled track through another gate. Follow the path as it winds through the trees and down some steps and out to another gate to a sign for a Nature Reserve. Go straight ahead through another gate and follow the path round as it winds to the top of the reservoir and then down various steps across board walks and bridges, keeping to the main small path winding along the opposite bank of the reservoir.

(3) Follow the path down the west-side of the reservoir to the tower at the top of the dam. Here turn right to follow the narrow path up and right again to retrace the footpath back towards Lobden past the group of trees to the gate and back along the narrow water furrow to the golf course and the end of the walk.